**S2 PSE Family learning**

**Term 1 – Citizenship**

Considering our school CORE values we are looking at the way we treat each other and include others, ensuring kindness and fairness.

Take time as a family to watch the BBC documentary – Jesy Nelson “Odd One out” which follows the Little Mix singer’s rise to fame and the difficulties she faced as a result of this, her appearance, mental health, bullying, trolling and social media.

BBC iPLAYER:

<https://www.bbc.co.uk/iplayer/episodes/p07lsr4d/jesy-nelson-odd-one-out>

Youtube:

<https://www.youtube.com/watch?v=idyXOMAZOUg>

Guardian article:

<https://www.theguardian.com/tv-and-radio/2019/sep/12/jesy-nelson-odd-one-out-review-a-modern-fairytale-in-reverse>

**Your Task:**

Discuss how the film and article made you feel about what happened to Jesy.

Discuss and debate the following statement:

**“Social media can have a negative effect on our mental health.”**